Please choose the one best response to describe your shortness of breath.

Grade

0  “I only get breathless with strenuous exercise”

1  “I get short of breath when hurrying on the level or walking up a slight hill”

2  “I walk slower than people of the same age on the level because of breathlessness or have to stop for breath when walking at my own pace on the level”

3  “I stop for breath after walking about 100 yards or after a few minutes on the level”

4  “I am too breathless to leave the house” or “I am breathless when dressing”

1. Grade ......................................................