

Date Entered\_\_\_\_\_

Staff Initials\_\_\_\_\_

**COMBINE**  
**Alcohol Abstinence Self-Efficacy Scale part two(AA2 ver. A)**

Center	Participant #	Participant Initials	Week	Sequence
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Date		Staff ID		
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mo.		da.		yr.

**LISTED BELOW ARE A NUMBER OF SITUATIONS THAT LEAD SOME PEOPLE TO DRINK ALCOHOL. WE WOULD LIKE TO KNOW HOW TEMPTED YOU MAY BE TO DRINK ALCOHOL IN EACH SITUATION.**

**CIRCLE THE NUMBER THAT BEST DESCRIBES YOUR FEELINGS OF TEMPTATION TO DRINK ALCOHOL IN EACH SITUATION DURING THE PAST WEEK ACCORDING TO THE FOLLOWING SCALE:**

- 1=Not at all tempted**  
**2=Not very tempted**  
**3=Moderately tempted**  
**4=Very tempted**  
**5=Extremely tempted**

Situation	Tempted to drink alcohol				
	Not at all	Not very	Moderately	Very	Extremely
1) When I am in agony because of stopping or withdrawing from alcohol use.	1	2	3	4	5
2) When I have a headache.	1	2	3	4	5
3) When I am feeling depressed.	1	2	3	4	5
4) When I am on vacation and want to relax.	1	2	3	4	5
5) When I am concerned about someone.	1	2	3	4	5
6) When I am worried.	1	2	3	4	5
7) When I have the urge to try just one drink to see what happens.	1	2	3	4	5
8) When I am being offered a drink in a social situation.	1	2	3	4	5
9) When I dream about taking a drink.	1	2	3	4	5
10) When I want to test my will power over drinking.	1	2	3	4	5

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 /  /  /   
mo. da. yr. Staff ID

Situation	Tempted to drink alcohol				
	Not at all	Not very	Moderately	Very	Extremely
11) When I am feeling a physical need or craving for alcohol.	1	2	3	4	5
12) When I am physically tired.	1	2	3	4	5
13) When I am experiencing some physical pain or injury.	1	2	3	4	5
14) When I feel like blowing up because of frustration.	1	2	3	4	5
15) When I see others drinking at a bar or a party.	1	2	3	4	5
16) When I sense everything is going wrong for me.	1	2	3	4	5
17) When people I used to drink with encourage me to drink.	1	2	3	4	5
18) When I am feeling angry inside.	1	2	3	4	5
19) When I experience an urge or impulse to take a drink that catches me unprepared.	1	2	3	4	5
20) When I am excited or celebrating with others.	1	2	3	4	5