### SITTING BLOOD PRESSURE FORM (SBP) screen 1 of 3

#### A. TEMPERATURE

1. Room Temperature (degrees centigrade):

#### B. TOBACCO AND CAFFEINE USE

2. Have you smoked or used chewing tobacco, nicotine gum or snuff today or do you wear a nicotine patch? 
   - Yes
   - No

   **Go to Item 4**

3. How long ago did you last smoke or last use chewing tobacco or snuff?
   - a. [ ] hours
   - b. [ ] minutes

4. Have you had any caffeinated beverages, such as coffee, tea, or colas, or any chocolate today?
   - Yes
   - No

   **Go to Item 6**

   **Screen 2**

5. How long ago did you last have any caffeinated beverage, or chocolate?
   - a. [ ] hours
   - b. [ ] minutes
### SITTING BLOOD PRESSURE FORM (SBPD screen 2 of 3)

#### C. PRELIMINARY MEASUREMENTS

6. Right Arm Circumference (cm):  

7. Cuff Size:  
   - Pediatric (under 24 cm) P  
   - Regular Arm (24-32 cm) R  
   - Large Arm (33-41 cm) L  
   - Other O  

8. Heart Rate (30 seconds):  

9.a. Time of Day:  
   - hh:mm  
   - AM or PM: AM A  
   - PM P  

10. Pulse Obliteration Pressure:  

11. Maximum Zero:  

12. Peak Inflation Level:  
   - Computation: Item #10 + Item #11 + 30:  
   -  

#### D. FIRST BLOOD PRESSURE MEASUREMENT

13. Systolic:  

14. Diastolic:  

15. Zero Reading:  

### SITTING BLOOD PRESSURE FORM (SBPD screen 3 of 3)

#### E. SECOND BLOOD PRESSURE MEASUREMENT

16. Systolic:  

17. Diastolic:  

18. Zero Reading:  

#### F. COMPUTED NET AVERAGE OF FIRST AND SECOND BLOOD PRESSURE MEASUREMENTS

19. Systolic:  

20. Diastolic:  

#### G. ADMINISTRATIVE INFORMATION

21. Date of data collection:  
   - Month / Day / Year  

22. Method of Data Collection:  
   - Computer C  
   - Paper Form P  

23. Code number of person completing this form:  

**Worksheet for Computing Average of 1st and 2nd Readings (Items 19 and 20)**

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<tr>
<th></th>
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<th>Diastolic</th>
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<td>(14)</td>
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<tr>
<td>1st Zero Reading</td>
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