### Cohort, Exam 1

**Sitting Blood Pressure Form:** FORM CODE=SBP  VERSION=A

**Instructions:** This form should be completed during the participant's visit. Whenever numerical responses are required, enter the number so that the last digit appears in the rightmost box. Enter leading zeroes where necessary to fill all boxes.

<table>
<thead>
<tr>
<th>ID</th>
<th>ARIC Subject ID (Cir)</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>15791</td>
<td>Present</td>
<td>Text suppressed</td>
</tr>
</tbody>
</table>

#### A. TEMPERATURE

<table>
<thead>
<tr>
<th>SBPA01</th>
<th>Room Temperature (degrees centigrade)</th>
<th>Q1</th>
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<tr>
<td>N</td>
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</tr>
<tr>
<td>15758</td>
<td>Range</td>
<td>13 - 32 ( median=24  mean=24.0  std=1.9 )</td>
</tr>
<tr>
<td>33</td>
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<td></td>
</tr>
</tbody>
</table>

#### B. TOBACCO AND CAFFEINE USE

<table>
<thead>
<tr>
<th>SBPA02</th>
<th>Smoked or used chewing tobacco or snuff within the last 4 hours?</th>
<th>Q2</th>
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<tr>
<td>N</td>
<td>Value</td>
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</tr>
<tr>
<td>12771</td>
<td>N</td>
<td>No [skip to Q.4]</td>
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<tr>
<td>2985</td>
<td>Y</td>
<td>Yes</td>
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<table>
<thead>
<tr>
<th>SBPA03MN</th>
<th>Time In Minutes Since Last Use Of Tobacco</th>
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<td>N</td>
<td>Value</td>
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<tr>
<td>2989</td>
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<td>12802</td>
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<table>
<thead>
<tr>
<th>SBPA04</th>
<th>Any coffee, tea, or chocolate within the last 4 hours?</th>
<th>Q4</th>
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<td>N</td>
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<td>15321</td>
<td>N</td>
<td>No [skip to Q.6]</td>
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<tr>
<td>461</td>
<td>Y</td>
<td>Yes</td>
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</table>
## Cohort, Exam 1

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<thead>
<tr>
<th>SBPA05MN</th>
<th>Time In Minutes Since Last Coffee, Tea Or Chocolate</th>
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<td>N</td>
<td>Value Description</td>
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<tr>
<td>463</td>
<td>Range 0 - 315 (median=120 mean=133.1 std=48.8)</td>
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<td>15328</td>
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</table>

## C. PRELIMINARY MEASUREMENTS

<table>
<thead>
<tr>
<th>SBPA06</th>
<th>Right Arm Circumference (cm) Q6</th>
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<td>Value Description</td>
</tr>
<tr>
<td>15781</td>
<td>Range 19 - 61 (median=32 mean=32.8 std=4.3)</td>
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<table>
<thead>
<tr>
<th>SBPA07</th>
<th>Cuff Size: Q7</th>
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<tbody>
<tr>
<td>N</td>
<td>Value Description</td>
</tr>
<tr>
<td>7423</td>
<td>L Large Arm 33-41 cm</td>
</tr>
<tr>
<td>433</td>
<td>O Other</td>
</tr>
<tr>
<td>99</td>
<td>P Pediatric under 24 cm</td>
</tr>
<tr>
<td>7826</td>
<td>R Regular Arm 24-32 cm</td>
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<tr>
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<table>
<thead>
<tr>
<th>SBPA08HM</th>
<th>Time Of Day</th>
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<tr>
<td>15780</td>
<td>Range 0:02 - 23:54</td>
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<table>
<thead>
<tr>
<th>SBPA09</th>
<th>Pulse Obliteration Pressure: Q9</th>
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<tr>
<td>N</td>
<td>Value Description</td>
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<tr>
<td>15779</td>
<td>Range 80 - 242 (median=120 mean=119.5 std=17.0)</td>
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<tr>
<td>12</td>
<td>Missing</td>
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</tbody>
</table>
### Cohort, Exam 1

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<thead>
<tr>
<th>SBPA10</th>
<th>Maximum Zero: Q10</th>
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<td>N</td>
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<td>12</td>
<td>A</td>
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<tr>
<td>119</td>
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<td>1</td>
<td>21</td>
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<td>6872</td>
<td>22</td>
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<tr>
<td>2961</td>
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<tr>
<td>4</td>
<td>25</td>
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<tr>
<td>5809</td>
<td>26</td>
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<td>11</td>
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<table>
<thead>
<tr>
<th>SBPA11</th>
<th>Peak Inflation Level Q11</th>
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<tr>
<td>N</td>
<td>Value</td>
</tr>
<tr>
<td>15779</td>
<td>Range 134 - 294 ( median=172 mean=173.3 std=16.8 )</td>
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<tr>
<td>12</td>
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### D. FIRST BLOOD PRESSURE MEASUREMENT

<table>
<thead>
<tr>
<th>SBPA12</th>
<th>1st Systolic: Q12</th>
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</thead>
<tbody>
<tr>
<td>N</td>
<td>Value</td>
</tr>
<tr>
<td>15777</td>
<td>Range 82 - 304 ( median=140 mean=141.6 std=18.5 )</td>
</tr>
<tr>
<td>14</td>
<td>Missing</td>
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<table>
<thead>
<tr>
<th>SBPA13</th>
<th>1st Diastolic: Q13</th>
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</thead>
<tbody>
<tr>
<td>N</td>
<td>Value</td>
</tr>
<tr>
<td>15778</td>
<td>Range 10 - 164 ( median=94 mean=93.5 std=12.0 )</td>
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<tr>
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<table>
<thead>
<tr>
<th>SBPA14</th>
<th>1st Zero Reading: Q14</th>
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<tbody>
<tr>
<td>N</td>
<td>Value</td>
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<tr>
<td>15777</td>
<td>Range 0 - 40 ( median=20 mean=20.3 std=5.6 )</td>
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### E. SECOND BLOOD PRESSURE MEASUREMENT

<table>
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<tr>
<th>SBPA15</th>
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<td>N</td>
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<tr>
<td>15777</td>
<td>Range 74 - 262</td>
</tr>
<tr>
<td></td>
<td>(median=140</td>
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<tr>
<td></td>
<td>mean=141.8</td>
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<tr>
<td></td>
<td>std=18.3</td>
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<table>
<thead>
<tr>
<th>SBPA16</th>
<th>2nd Diastolic: Q16</th>
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<tbody>
<tr>
<td>N</td>
<td>Value</td>
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<tr>
<td>15778</td>
<td>Range 14 - 158</td>
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<tr>
<td></td>
<td>(median=94</td>
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<tr>
<td></td>
<td>mean=94.0</td>
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<td>std=11.7</td>
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<tr>
<th>SBPA17</th>
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<tr>
<td>15779</td>
<td>Range 2 - 40</td>
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<td>(median=20</td>
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<tr>
<td></td>
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<td>std=5.6</td>
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### F. THIRD BLOOD PRESSURE MEASUREMENT

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<tr>
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<tr>
<td>15774</td>
<td>Range 82 - 260</td>
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<tr>
<td></td>
<td>(median=140</td>
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<td></td>
<td>mean=141.5</td>
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<td>std=18.0</td>
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<table>
<thead>
<tr>
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</thead>
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<tr>
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<tr>
<td>15776</td>
<td>Range 14 - 158</td>
</tr>
<tr>
<td></td>
<td>(median=94</td>
</tr>
<tr>
<td></td>
<td>mean=94.1</td>
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<tr>
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<td>std=11.6</td>
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<table>
<thead>
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<th>SBPA20</th>
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<tbody>
<tr>
<td>N</td>
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<tr>
<td>15779</td>
<td>Range 0 - 40</td>
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<tr>
<td></td>
<td>(median=20</td>
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<tr>
<td></td>
<td>mean=20.2</td>
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<td>std=5.7</td>
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G. COMPUTED NET AVERAGE OF SECOND AND THIRD BLOOD PRESSURE MEASUREMENTS

### SBPA21
#### 2nd And 3rd Systolic: Q21

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<tr>
<th>N</th>
<th>Value</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>15778</td>
<td>Range</td>
<td>61 - 246 (median=119 mean=121.4 std=19.0)</td>
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### SBPA22
#### 2nd And 3rd Diastolic: Q22

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<tbody>
<tr>
<td>15778</td>
<td>Range</td>
<td>0 - 144 (median=73 mean=73.7 std=11.3)</td>
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H. ADMINISTRATIVE INFORMATION

### SBPA23
#### Date of data collection Q23

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<thead>
<tr>
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<tr>
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### SBPA24
#### Method of data collection Q24

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<tbody>
<tr>
<td>15571</td>
<td>C</td>
<td>Computer</td>
</tr>
<tr>
<td>205</td>
<td>P</td>
<td>Paper Form</td>
</tr>
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### SBPA25
#### Form Coder Q25

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### SBPACY
#### Contact Year

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