Manuscript #489S

1. Full Title: Recruitment of Healthy Adults into a Study of Overnight Sleep Monitoring in the Home: Experience of the Sleep Heart Health Study
   Abbreviated Title (length 26): Recruitment

2. Writing Group (list individual with lead responsibility first):
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   New York Site: to be determined

3. Timeline:
   Start approx. 4/1/98 (after enrollment complete, data collection for Contact Forms complete and data cleaned). Finish 12/1/98.

4. Rationale:
   No large studies of overnight sleep monitoring of healthy individuals has been undertaken before, and there are few if any data available in the literature on the feasibility of recruiting individuals into such a study.

5. Main Hypothesis:
   A. Participants in existing epidemiologic studies can be successfully recruited into a study involving overnight sleep monitoring in the home
   B. Recruitment rates will vary based on the recruitment methods used at each site
   C. Participants and non-participants will differ based on personal characteristics such as age, health status, and presence of sleep symptoms
   D. Recruitment rates will be higher than they were for the parent studies

6. Data (variables, time window, source, inclusions/exclusions):
   All parent cohort members will be included, divided into three groups:
   SHHS participants
   Those recruited for SHHS but not enrolled
   Those not recruited
Variables:
All data from SHHS Contact Form
All data from Sleep Habits Questionnaire
Demographic data from parent study
Blood pressure and prevalent disease status from parent study