Title (length 26):
Insulin Correlates

Writing Group (list individual with lead responsibility first):
(lead) Nabulsi    Weir
Folsom          Chambless
Heiss           Watson

Timeline:

Rationale:
ARIC has a large and rich database on fasting insulin. While other studies have described many correlates of insulin, the ARIC data set has additional variables not previously examined in detail. Moreover, just presentation of insulin distributions in a cohort of this size should be of interest.

Main Hypothesis:
Fasting insulin is adversely related to a variety of risk factors.

Data (variables, time window, source, inclusions/exclusions):
ARIC Visit 1. Dependent variable: fasting insulin level. Independent variable: risk factors, such as body size, lipids, blood pressure, race, sex, physical activity, etc.

Keywords: Insulin